We sincerely appreciate your generosity and support of DEAF C.A.N.!
We couldn't provide our many programs and services without you.

Thank you to:
Darlene Weir
Elaine and Bruce Weingarten

DEAF C.A.N. Closed
Deaf Community Advocacy Network will be closed on:

Friday, December 22 through Monday, January 1, 2018

We will reopen on Tuesday, January 2 at 9:00 am.

If you are in need of a Sign Language Interpreter, you can still fax your request to:
248-332-7334 or email it to: deafcan@deafcan.org.
The interpreting department will still be open during the break.

Happy Holidays and a Happy New Year

All of us at DEAF C.A.N.! wish you and your family the best this holiday season. May 2018 bring health, happiness and peace.

From the Board of Directors and staff of Deaf Community Advocacy Network
All our best:
Marcy Colton, Kristen Damon, Nicole Gaines,
Carol Jensen, Henry Lowe, Susan Lundy,
Regina McMullen, Brenda Neubeck,
Michelle Osterhout, and Dylan Secord
Memorial /Tribute Cards

Do you want to honor the memory of someone who has died or honor someone who is celebrating a special time in their life? Please consider a donation to DEAF C.A.N.! We send out a beautiful card acknowledging your contribution. The recipient will know that you have made a donation to support DEAF C.A.N.!

When sending your check explain: Who you want the card sent to (Complete address) and who the card is from and any greeting that you want on the card.

Please consider making a donation to DEAF C.A.N.! In honor of someone or in memory of a loved one.

www.goodssearch.com

Don’t forget to use www.goodssearch.com as your search engine! DEAF C.A.N.! earns a penny a search! Type in Deaf Community Advocacy Network in the toolbar!

Your pennies will add up! We have already received several checks from them!

www.goodshop.com

GOODSHOP
Thank you for all of you who shopped through Goodshop! Every quarter we earn money from the purchases that you made through Goodshop. This all adds up and helps us out. Thank you for your support. It helps us out! Please remember to use Goodshop for your online purchase.

DEAF C.A.N.! has a new Facebook Page
Please check us out! Visit and LIKE our Facebook page at:
https://www.facebook.com/deafcan2

What Is AmazonSmile?
AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you’ll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the bonus that Amazon donates a portion of the purchase price to your favorite charitable organization.

How do I shop at AmazonSmile?
Simply go to smile.amazon.com, choose Deaf Community Advocacy Network and SHOP! We get a percentage of your purchase.

Detroit Public Schools
If you are looking for full time or part time employment, DEAF C.A.N.! is hiring for our Detroit Public Schools Interpreting contract. Requirements for the position: Valid BEI, NAD, EIPA or RID Certification and compliance with the State of Michigan. Please call Marcy at (248) 332-3331.
COMMUNITY

DBDA Meeting
Detroit Black Deaf Advocates, Ch. #6 monthly meetings ~ 2nd Saturday of the month from 3:00 pm to 6:00 pm Veterans Administration Center (Auditorium), 4646 John R. (Detroit) dbdash6@yahoo.com

NAOBI Detroit
National Alliance of Black Interpreters, Chapter #8 monthly meetings, 2nd Saturday of the month 11:30 am to 1:30 pm. Email for information at: naobidetroit@gmail.com

Community Churches
Ann Arbor Baptist Church—Interpreted Service
2150 S. Wagner Road, Ann Arbor, (734) 995-5144 or (734) 995-9818 fax or (734) 646-3214 text. Sunday, 9:45 am Interactive Bible Study, 11 am and 6 pm Service and Wednesday at 7 pm

Bethesda Christian Church
14000 Metro Parkway, Sterling Heights Voice: (586) 264-2300 or bcc@bethesdachristian.org. Every Sunday

Calvary Apostolic Tabernacle
1013 Hughes Avenue
Flint, Michigan (810) 275-0904
Sunday 1 PM and Wednesday at 6:30 pm

Christ Community Church
(586) 776-5452 voice or (586) 776-9913 fax 2540 Kelsey Road, Roseville. 9:00 am Sunday and 7:00 pm Wednesday nights Interpreted

Crossroads Baptist Church
2580 Packard Rd., Ann Arbor, Sunday School 11 am, Worship 9:30 am, Monday Night Bible Study 7 pm, msmbcd@comcast.net. (734) 971-0773. Fax: 734-971-9321

Detroit Sign Language
151 Fisher Detroit All meetings in ASL
Sat. 10:15 am Bible Lecture Tues. 7:30pm Bible Study, 313-263-4627 VP, 313-961-2212 Voice

Emmanuel Lutheran Church
50600 Shelby Road, Shelby Twp, MI 48317.
faithshelby@wowway.com. Interpreted service every Sunday and 3rd Sunday of the month at 9:15 am. 800 S Military Street, Dearborn, Michigan 48124

Faith Lutheran Church
6000 Shelby Road, Shelby Twp, MI 48317. faithshelby@wowway.com. Interpreted service 10:00 am every Sunday.

First Unitarian Universalist Church
(734) 665-6158 or www.uua.org (second service interpreted)

Flint Deaf Lutheran/Christ the King Lutheran Church
248.889.3978 TTY or 248.887.8342 fax pastor4deaf@gmail.com

Flint Sign Language Congregation of Jehovah’s Witnesses
All meetings in ASL, 1805 Lapeer Road, Flint, MI 48503, Sat. 10:15 am Wed 7:30 pm (248) 931-0334 phone/text VP (810) 250-7074

Gethsemane Missionary Baptist Church
29006 Eton, Westland, 734-721-2557 J.woodes@gethsemane02.org/ www.gethsemane02.org

Greater Emmanuel Institutional Church of God in Christ
19190 Schafer Hwy, Detroit. Sunday 8:30 am/11:30 am worship Interpreted. Info: Andrea Wallace at (313) 502-3328 or ladyandreaz33c@yahoo.com

Grosse Point Congregational Church of Christ
The Grosse Point Congregational Church United Church of Christ has a service monthly, first Sunday of each month, 240 Chalifonte Grosse Pointe Farms, MI 48236. Contact: Paul Fugate at Paul@ASLdeafined.com or 313-884-3075

Joseph Campau Avenue Church of God
17401 Joseph Campau, Detroit, (313) 771-6333 V. Cencelia Thomas, Purposed4God@aol.com

Lake Orion Church of Christ
Lake Orion, Michigan—(248) 693-7242
http://www.lakeorion.lib.mi.us/lococ/home.html or timk@quinoavinc.com

Lighthouse Chapel of the Deaf
3242 Whitney Ave, Flint, MI 48532, Fellowship 9:30am, Sunday School 10am, Worship 11am, Wed. Prayer/Bible Study 6:30-8pm Pastor Stan Coveyou, stan6468@gmail.com

Maranatha Baptist Church
248-625-2700/voice, Dan Osterhout, deafministry@mbcblack.org or mbcdeaf@comcast.net

Memorial Deaf Fellowship
(586) 615-4607 VText. (586) 739-2207 fax or (586) 600-8327 VP or mbcdeaf@comcast.net, 12651 Clinton River Road, Sterling Heights

ML Zion Church
4600 Maybee Road, Clarkston, MI 48346 (248) 391-6166 voice or www.mtzion.org an Interpreted services are offered Sunday mornings at 10:30 am and Wednesday evenings at 7:30 pm

Our Lady of Loretto, West Detroit Catholic Deaf
25700 W. 6 Mile Road, Redford, MI 48240, (313) 717-6333 V. Pastor Stan Coveyou, stan6468@gmail.com

Prayer Temple Missionary Baptist Church
27350 Chicago Road, Redford, (313) 414-1054 http://www.prtembc.net. Service begins at 11 am

Resurrection Lutheran Church
20531 Kelly Road in Detroit 313-372-4902 V. revsebastian@yahoo.com

Rochester First Assembly—NEW CHURCH
4434 N. Rochester Road (Corner of Rochester/Shelby), Rochester, Michigan Sunday’s at 10:00 am—interpreted by Jessica Mitchell. 248-652-3353.

Second Ebenezer Church—Deaf Ministry
14601 Dequindre Rd (I-75 @ East McNichols) Detroit MI 48212. secede_ministry@yahoo.com or www.secondebenezer.org. 313-867-4700

Saline First Assembly of God
300 Old Creek Drive, Saline, MI ASL interpreted worship every Sunday at 10:45 am, 734-429-7732, www.salineag.org

Sign of Hope Neighborhood Church
Deaf Pastor Dean Bliss—Sunday Service 10 am 1378 W. State Rd, Lansing, MI 48906 517-588-4598 VP or signofhopechurch@gmail.com

Silent Assembly Deaf Church
18513 Lahser, Detroit, Michigan,48219, Services signed with voicing. Sunday 10 am—Noon. Pastor Scott McCain. (734) 347-8105 text or tsccain@aol.com

St. John’s Deaf Center—NEW ADDRESS
Office: 16103 Chesterfield Ave, Eastpointe, MI 48021, (586) 439-0146 (Voice) (586) 439-0440 VP (Public), (586) 764–8476 Voice/Fax, Senior Citizens — Tuesdays 10 am — 4pm. Sunday ASL Mass – 11:30 am Holy Innocents Church, 16359 Frazio Road Roseville, MI 48066

Troy Church of Nazarene
(248) 879-8888 Voice. Sunday, morning services

The Shares Deaf Church
20880 Ten Mile Road—St. Clair Shores, (586) 772-7740 or (586) 772-9050 signpreach@sbcglobal.net

Venture Church
8457 E. Highland Road
Howell, MI 48843
11:00 am Every Sunday (interpreted)

Word of Faith Ministry
6600 Rochester Rd., Troy has interpreted services every Sunday morning at 11:30. Deaf Bible Study Every Wednesday evening 7:00PM - Contact Bethany at spencerbethany70@gmail.com

Word of Faith Ministry
VP/TTY: (248) 355-0242, Voice: (248) 353-3476 Fax: (248) 354-8534 or ghalliburton@wofcic.com. Interpreted/captioned services

Please let us know if anything has changed!
Finding Neverland

The winner of Broadway.com’s Audience Choice Award for Best Musical, this breathtaking smash “captures the kid-at-heart,” says TIME magazine. Vogue cheers, “It’s a must-see you’ll remember for years to come!” Directed by visionary Tony® winner Diane Paulus and based on the critically acclaimed Academy Award® winning film, Finding Neverland tells the incredible story behind one of the world’s most beloved characters: Peter Pan. Playwright J.M. Barrie struggles to find inspiration until he meets four young brothers and their beautiful widowed mother. Spellbound by the boys’ enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a little bit of pixie dust and a lot of faith, Barrie takes this monumental leap, leaving his old world behind for Neverland, where nothing is impossible and the wonder of childhood lasts forever. The magic of Barrie’s classic tale springs spectacularly to life in this heartwarming theatrical event. Finding Neverland is “far and away the best musical of the year!” (NPR).

Sunday, February 18, 2018
On Your Feet

Sunday, March 18, 2018
Something Rotten

Sunday, July 15, 2018
Lion King

For tickets contact:
WHARTON CENTER FOR PERFORMING ARTS
Michigan State University
750 E. Shaw Lane, East Lansing, MI
PHONE: (517) 432-2000

Deaf Santa December 2017 Events
8th Year
Picture with Deaf Santa $8.00
Donations Support Charity

SUNDAY, DECEMBER 3
2 PM TO 5 PM
DENNY’S LAKESIDE MALL
44945 Woodridge Drive
Sterling Heights, Michigan  48313

THURSDAY, DECEMBER 7
5 PM TO 9 PM
CHUCK E. CHEESE
3489 Miller Road
Flint, Michigan   48503

SATURDAY, DECEMBER 9
1 PM to 5 PM
EMMANUEL LUTHERAN CHURCH
800 S. Military Street
Dearborn, Michigan  48124

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Thank you Kroger

The Kroger Family of Stores is committed to bringing hope and help to local communities. We do this through a variety of activities, including charitable giving, sponsorships and the unique Community Rewards Program of Kroger. As your neighborhood food retailer, we deeply value our ability to support local organizations like yours. Go to: www.krogercommunityrewards.com to sign up and support DEAF C.A.N.! We receive a percentage of your purchases at no charge to you! This last quarter you raised $137 for DEAF C.A.N.! THANKS!

iCanConnect

iCanConnect (ICC) also known as the National Deaf-Blind Equipment Distribution Program, is an FCC program administered by organizations in all 50 states as well as Puerto Rico and the U.S. Virgin Islands. In the state of Michigan, Perkins School for the Blind is responsible for the iCanConnect program, and works with Deaf C.A.N.! to provide local service in Michigan. Those interested in applying to the program should contact DEAF C.A.N.! To learn more about ICC, please go to http://www.icanconnect.org/

Hearing Loss Association of America Michigan Chapters
Info about chapter meetings is below. Please confirm a meeting by emailing the leader prior to attending.

Kalamazoo Chapter
Leader: Howard Potrude, kalamazoo@hearingloss-mi.org
Meets: Informally the second Saturday of the month for breakfast at a Kalamazoo restaurant. Please email the leader for location/time.

Lansing Chapter
Leader: Ann Lining, HLA@Lansing@aol.com or lansing@hearingloss-mi.org
Meets: 1st Wednesday of each month – September through June, 6:30-8:00pm
Location: Asbury United Methodist Church, 2200 Lake Lansing Road, Lansing. (Near corner of Lake Lansing Road and Wood St.)

Macomb Chapter
Leader: Lynn Huff, Macomb@hearingloss-mi.org
Meets: 4th Thursday of each month, 1:00-3:00pm
Location: Trinity Lutheran Church, 38900 Harper Ave. Clinton Township

Mid Michigan Chapter
Leaders: Stu Frohm and Lori Orr, mid.michigan@hearingloss-mi.org
Meets: 4th Monday of each month, 7:00-8:30pm
Location: Saginaw Valley State University, 7400 Bay Road, University Center, MI 48710-0001
Room: Curtiss 129

Royal Oak Chapter
Leaders: Sue Selewicki, Pam Dangovian, royaioak@hearingloss-mi.org
Meets: 2nd Tuesday of each month, September through May, 6:30pm
Location: Trinity Lutheran Church, 38900 Harper Ave. Clinton Township

Mental Health Services Available Through the VP - FREE!

We are pleased to announce a new partnership between DEAF C.A.N.! and Michigan Medicine (formerly University of Michigan Health System), with assistance from the State of Michigan Department of Health and Human Services, to begin offering mental health services on videophone. All services will be provided in ASL by Deaf therapist (counselor), Dylan Secord, LLMSW, and ASL fluent therapist, Leslie Pertz, LMSW, NIC, both clinical social workers. The therapists will be able to see Deaf, DeafBlind, and Hard of Hearing clients from anywhere in Michigan, from New Buffalo to Alpena, and from Monroe to Copper Harbor.

The therapists will be available to help clients manage mild to moderate mental health concerns such as anxiety, depression/post-partum depression, marriage/relationship/family concerns, grief, stress, and managing chronic pain and chronic health problems. Drs. Zazove and McKee will serve as consultants to this project, but the therapists will help clients manage their mental health in coordination with a client’s local doctor. If the therapists or the clients feel that videophone therapy is not the best fit for their needs, the therapists will help to find what services in the client's local community may work better. The therapists also continue to be available to see people in-person in their individual clinics.

If you would like more information about this program, please contact us at discuss your needs. deafhealth@med.umich.edu or call 810-355-2743.
**Holiday Giving**

There are so many ways to support DEAF C.A.N.! And still give the gifts of love to your family! Please remember the following ways to support the agency at no cost to you!

**GOODSHOP - A great way to save money and support DEAF C.A.N.!**

Please go to:
https://www.goodsearch.com/goodshop

Sign up and get an account and make sure you pick Deaf Community Advocacy Network (DEAF C.A.N.!) as the charity you wish to support. We get a percentage of all sales.

**AMAZON - www.smile.amazon.com - Support us when you buy anything off of Amazon**

Go to: www.smile.amazon.com
Pick DEAF C.A.N.! as your charity and we receive a percentage of everything you spend! No cost to you at all. It’s a win-win.

*thank you!*
DEAF C.A.N.I T-Shirts for Sale—Great Stocking Stuffers

Our 50/50 Blend T-shirts make an excellent stocking stuffer! T-shirts are black with white ink! We have all sizes:
- Small
- Medium
- Large
- XL
- XXL
- XXXL

We also have a few youth sizes:
- Small
- Medium
- Large

Each shirt is $10 if you come into the office and pick it up. If you want us to mail it to you it's $13.

KROGER - Community Rewards Program

Kroger Community Rewards

Giving More Back to the Community!
Kroger is committed to helping our communities grow and prosper. Year after year, local schools, churches and other nonprofit organizations will earn millions of dollars through Kroger Community Rewards. Kroger Community Rewards makes fund-raising easy, all you have to do is shop at Kroger and swipe your Plus Card!

For all your holiday shopping, please link your Kroger Card to Kroger Community rewards. Choose Deaf Community Advocacy Network as your charity and we receive a percentage of your purchase. No cost to you!

Go to Kroger Community Rewards
www.krogercommunityrewards.com
Tips for A Healthy Holiday Season

The average person gains 5-10 pounds over the holiday season. But it doesn’t have to be that way. Here are 3 tips for navigating the holidays healthfully all the while enjoying the festivities:

1. Go whole. Pick the wholest ingredients possible when preparing or enjoying dishes. Having the most fiber intact will enable satiety with fewer calories. More nutritional bang for your caloric buck. For example, choose brown, wild, or forbidden black rice over white rice; whole or sprouted grain bread over white bread; and sauté with vegetable broth or water instead of oil to save hundreds or thousands of calories.

2. Eat the rainbow. The pigments that compose the colors in fruits and vegetables are powerful phytochemicals that will enhance immune function and keep you healthy with the fewest calories. Serve food over a bed of cooked greens or fresh salads. Add greens and veggies to everything. Make half your plate veggies and fruits. They go gorgeously with everything!

3. Balance calories. Both with calorie intake and calorie output. Plan ahead and save calories by eating less before and after big meals. Maintain your fitness routine or even up the ante by moving more to stay healthy and keep your metabolism functioning optimally.


Wishing you and your family a very healthy happy holiday season.

Provided article by Sandria Graham, dietitian/nutritionist. Any questions, contact Sandria at deafnutritionist@gmail.com.